FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * RICKETTS LAWRENCE	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
(Last) (First) (Middle) 60 CUTTER MILL ROAD	3. Date of Earliest Transaction (Month/Day/Yo 08/03/2023	-	 Director Officer (give title below) Exec. Vice President and COO 	10% OwnerOther (specify below)					
(Street) <u>GREAT NECK, NY 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month/	Day/Year)	 6. Individual or Joint/Group Filing (Will be automatically set) Form filed by One Reporting Person Form filed by More than One Reporting Person 						
	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.								

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	(Month/ Day/ Year)	2A. Deemed Execution Date, if any (Month/ Day/ Year)			4. Securities Acquired (Instr. 3, 4 and 5)	(A) or Disposed of (D)		Securities Beneficially	Form: Direct	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)	Price	Owned Following Reported Transaction(s) (Instr. 3 and 4)	(D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	08/03/2023		А		11,000	А	(1)	179,664.863 ⁽²⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Conversion	3. Transaction		4. Transaction		5. Numbe			1		, ,	8. Price of		10.	11. Nature of
(Instr. 3)	or Exercise	Date (Month/Day/	Execution Date, if	(Instr. 8)		Derivative		(Month/ Day/ Year)		Securities		Derivative	Derivative	Ownership	Indirect
	Price of	Year)	any (Month/Day/			Securities	3			(Instr	. 3 and 4)	Security	Securities	Form of	Beneficial
	Derivative		Year)			Acquired	(A) or					(Instr. 5)	Beneficially	Derivative	Ownership
	Security				Disposed of (D)							Owned	Security:	(Instr. 4)	
					(Instr. 3, 4, and 5)							U	Direct (D)		
				Code	v	А	D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s)	or Indirect (I)	
													(Instr. 4)	(Instr. 4)	

Explanation of Responses:

- 1. Represents the date that the compensation committee determined that the metrics with respect to the shares underlying the RSUs granted in 2020 had been satisfied. The related performance period ended June 30, 2023.
- 2. Includes shares acquired through issuer's dividend reinvestment plan.

Remarks:

Lawrence Ricketts by Isaac Kalish, his attorney in fact

08/07/2023 Date

**Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.